



Nagomi Ya
Senior Living

Job Description

Caregiver Position (Full time/ Part time)

Job description

As a caregiver, you provide a variety of services.

These services generally fall under three categories:

1. Companionship
2. Home Making
3. Personal Care

Companionship

Companionship services are those that stimulate, encourage, and assist an individual.

Companionship services include the following:

- Provide socialization, conversation and emotional reassurance to clients
- Encourage and participate in appropriate games and other activities to promote well-being and stimulate the mind and the spirit
- Provide stabilization and assistance with walking. Caregivers may assist clients with the use of adaptive equipment for ambulation such as walkers.
- Accompany clients to appointments

Homemaking

Homemaking services include the following:

- Cook and prepare meals and clean up meal-related items
- Perform light housekeeping tasks (dusting, vacuuming, changing linens, making beds, cleaning bathrooms, kitchens, etc.)
- Wash laundry

Personal Care

Personal care services are personal in nature and often include assistance with Activities of Daily Living (ADL). All duties listed above for companionship and homemaking can also be performed under this category. Personal care services include the following:

- Assist with grooming and dressing
- Supervise and assist the safety of client for bathing
- Supervise and assist with toileting and incontinence issues
- Assist with shaving, only with the use of an electric shaver
- Assist with feeding client providing the client can still independently swallow and be positioned upright
- Provide timely medication reminders and observe clients for compliance in taking medications which is set up and stored in centrally by RN. Any irregularities noted in the pre-dosed medications should be reported immediately by the caregiver to the supervisor and recorded in the client binder.
- Report any significant changes in a clients' needs or living conditions
- Contribute to a positive living environment to enhance clients' quality of life
- Assist with pivot transfers (bed to transfer-chair, transfer-chair to chair, transfer-chair to

- commode, transfer-chair to car, etc.)
- Empty or change external urinary and ostomy bags
 - Assist client with blood sugar checks and insulin injections only if that insulin is regularly scheduled and it has been delegated by RN

Essential Qualifications

An individual must possess the minimum education, experience and skills to perform those responsibilities the job requires.

Additional qualifications include:

- Ability to lift, push or pull 25 pounds
- Ability to bent, twist, stoop, kneel, and reach
- Ability to withstand exposure to dust, mold, mildew and cleaning solutions
- Ability to treat and care for clients with dignity and respect
- Ability to communicate with clients in a friendly and congenial manner
- Ability to communicate in Japanese and/or Korean language

Potential Schedules

The full time caregiver position provides opportunities for variety of shifts, including overnight.

This document describes the general nature and level of work for the position. It is not a comprehensive list of its responsibilities, duties, skills, efforts and conditions. Your employer reserves the right to modify the description in the future with or without notice. The responsibilities for this position are subject to possible modification to reasonably accommodate individuals with disabilities. Your employer is Nagomi Inc. This job description does not create an employment contract, nor imply it. Employment with your employer remains at will.

Volunteer

As a volunteer, you can help seniors with socialization and conversation. Encourage and participate in games and other activities to help seniors promote well-being and stimulate the mind and spirit. Volunteers also participate in homemaking such as cooking, light housekeeping tasks (dusting, vacuuming, changing linens, making beds, cleaning bathrooms, kitchens, etc.) and washing laundry.

Volunteer Qualifications

- Must possess good communication skills and pleasant personality
- Must have the ability to follow directions under general supervision and/or independently
- Must not be under the influence of alcohol and/or drugs while conducting volunteer
- Must have acceptable public record and reputation
- Must be detail oriented
- Must be in good health
- Must be responsible and committed

Training

Must complete a training program with RN before starting volunteer.